Summer 2016

Shandon Times

Neighborhood News

ShandonNeighborhood.com

SHANDON NEIGHBORHOOD COUNCIL

Mary Roe, President (2018)
3431 Wheat Street / 803-413-5356
irishgal4761@gmail.com

Charles Appleby, Past President
(non-voting term - 2017 - 2nd Term)
3503 Duncan Street / 803-609-2680
Charles.L.Appleby@gmail.com

Rachel Vail, Treasurer (2017)
2519 Duncan Street / 803-319-7087
rchlvail@sc.rr.com

George Crouch, Secretary (2018)
2315 Wilmot Avenue / 803-753-4247
gcrouch1@gmail.com

Karen Addison (2019)
2736 Monroe Street / 803-609-0545
bdaddison@bellsouth.net

Steve Augustine (2017 1-Year Term)
2833 Heyward Street / 512-300-8659
stevenaugustine@gmail.com

Ron Burns, M.D. (2018 - 2nd Term)
2524 Heyward Street / 803-422-6578
shandonnews@gmail.com

Lois Elijah (2019)
2612 Burney Drive / 803-771-7897
elijah0814@gmail.com

Sally Foster (2018)
Wheat Street / 803-807-0098
Fostersf4@gmail.com

Derek Gruner (2017 - 2nd Term)
2428 Wilmot Avenue / 803-237-1338
derekgruner@gmail.com

Kelly Scott Hynes, M.D., Ph.D. (2017)
Monroe Street / 803-446-6439
khynes13@msn.com

Martha Johnson (2018)
2830 Duncan Street / 803-252-2223
mejohnson@sc.rr.com

Russell Jones (2019)
3407 Coleman Street / 803-414-5811
russellwilliamjones@gmail.com

Jeff Keeney (2019)
2801 Heyward Street / 803-429-9085
Jokeeney@gmail.com

Scott Lindenberg (2019)
3025 Heyward Street / 803-463-3466
scott@letsmovecolumbia.com

Deborah Thomas (2017)
223 S. Holly Street / 803-315-2844
dthomas32@sc.rr.com

Shandon Times
Dr. Ron Burns, Editor
shandonnews@gmail.com

Letter from SNC President Mary Roe

Greetings and happy summer neighbors. With the nice weather upon us it is wonderful to see the neighborhood filled with walkers, runners and bikers. Let's keep everyone safe and remember to wear reflective clothing or vests and for vehicles to yield to pedestrians at cross walks. The Shandon Neighborhood Council at the April meeting discussed exploring the possibility of unifying the speed limit in Shandon. More to come on this topic as Council meets with the appropriate City officials.

Summer conjures up many wonderful memories for so many of us. My favorite is the distinct smell of smoldering charcoal coming from my neighbors' yard as they prepare for a backyard cookout. On August 2nd the Shandon Neighborhood Council will be grilling hot dogs and scooping ice cream at Sims Park to celebrate the 33rd Annual National Night Out (NNO). Over 38.3 million people in more than 16,728 communities will join forces on August 2nd to promote police-community partnerships; crime, drug and violence prevention; safety; and neighborhood unity. This is Shandon's opportunity for us as neighbors to come together to build a stronger neighborhood. On the same night we are exploring the possibility to host a second NNO celebration with a food truck, music and beverages at a different location in Shandon. Keep a lookout for more details on all these events as they unfold on the Shandon Neighborhood Facebook page.

I received nice feedback from many of you regarding more block parties. Thank you to 20/20 Vision for sponsoring a block party on block# 2600 Duncan Street. We all had fun and met new neighbors. If you are interested in hosting a block party all you need to do is visit this page www.columbiapd.net/request-street-closure.html and complete the necessary paperwork. Hope to see you soon at a Shandon Neighborhood block party!

I invite you all to attend the Shandon Neighborhood Council Meeting July 11th, 6:15pm at Emily Douglas Park to learn more about the Shandon Community Walk/Bike Columbia Plan. John Fellows with City of Columbia Planning and Development Services will present an overview and the positive impact it can have on our neighborhood.

Officer Schmidt, our neighborhood community police officer, asks that we continue to be mindful that we all have a responsibility to keep our neighborhood safe. Please call the police if you see individuals who seem suspicious. They will respond and make that assessment. Keep a front porch light on at night as it deters crime. Automobile theft continues to be a weekly occurrence. Please lock your cars.

The Movie Nights have begun and we hope you will come out and relax at Emily Douglas Park and take in a summertime movie on July 15th and August 19th. Stay safe in your summer travels!

Sincerely,

Mary B. Roe

3431 Wheat Street | 803-413-5356

Shandon Neighborhood
Yard of the Month

Keeping Shandon Beautiful

April Winners:
2516 Blossom Street
2717 Wheat Street

May Winners:
2843 Burney Drive
227 Woodrow Street

Congratulations!
Beautiful yards...who will be our next winner?

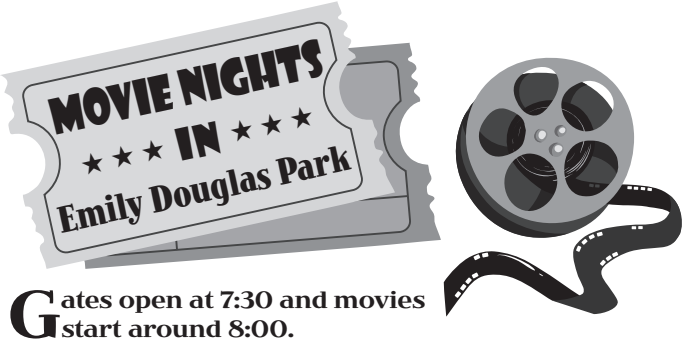
Sponsored by:
Mary Lane Sloan,
The ART of Real Estate
Gardener's Outpost

NATIONAL NIGHT OUT ★ 2016

Put August 2nd on your calendar!

Once again Shandon Neighborhood Council will host the annual National Night Out Ice Cream Social from 6:00 to 8:00 pm at Sims Park.

Last year's celebration at Sims Park saw families enjoy demonstrations by our local Firemen and Police. Of course the free hot dogs and Baskin Robbins ice cream continue to be a popular hit. The water will be on at the park's splash pad and the adjacent newly refurbished playground offers climbing fun and kiddie swings. Please come join us!



Gates open at 7:30 and movies start around 8:00.

July 15 - Matilda
August 19 - Zootopia
September 16 - Honey I Shrunk the Kids
October 21 - Halloweentown

Special Thank You! to our movie sponsor Mary Lane Sloan, The ART of Real Estate

THE ART OF REAL ESTATE

MARY LANE SLOAN
Partner, REALTOR®, GRI®, ABR®, CRS®, SRES®, Ecobroker
803.960.2350
MaryLane@TheARTTeam.net
TheARTTeam.net

Dear Shandon:

It is an honor to be your voice on County Council. Please visit SethRose.com for updates or call me on my cell phone 803.361.2360 with any questions.

Most sincerely,
Seth Rose

Homes for the Holidays Tour ★ 2016

CALENDAR UPDATE

Christmas Tour of Homes this year will be on **Sunday December 4th** and is planned to feature seven Shandon and Hollywood-Rose Hill Homes decorated for the season. The Tour will run from 1:00 to 5:00 on Sunday (yes, that is Sunday!) Note that we are back to Sunday. We don't want to give too much away yet but expect to feature both impressive larger homes as well as beautifully kept bungalows. Tickets will be made available at several community businesses and online. Please watch for updates on Facebook, neighborhood websites and our next Shandon newsletter!

Some of our previous featured homes (below):

SHANDON SHAPE-UP

Summer Water Workout

Hop in the pool! Working out is more fun when you're splashing around in the water. Water exercise is a low-impact activity that provides resistance and minimizes stress on your body and joints. Increased muscle strength, posture and balance are some of the benefits you will gain while in the pool. You can even do aquatic exercises if you don't know how to swim. Turn a lazy day in the pool into a calorie burning workout with some of these simple heart pumping moves.

Perform each exercise for 30 seconds – 1 minute (depending on fitness level) and repeat three times. Exercise in stomach to chest deep water. Add equipment if workout is too easy. Maintain good posture. Always stop if you have shortness of breath or feel faint or dizzy.

- Jog or march in place
- Walk or jog the length of the pool (moving arms through the water)
- Chest claps (reach your hands out to each side, palms forward, slowly bring them together, return to start position)
- Water squats (stand with feet hip width apart, bend your knees as you push your hips back as if sitting in a chair, keep your feet planted on the pool floor, squeeze your glutes as you raise to standing)
- Jumping jacks (start with feet flat on the floor and arms by your side, bend your knees and spring out of the water as you jump kick your legs to the side while your toes are pointed down and swing your arms overhead)
- Waist trimmer (with your back against the poolside, arms along the edge for support, draw the knees to the chest, then extend legs straight ahead)
- Flutter kicks (face the poolside and hold on with hands about shoulder width apart, letting legs dangle in the water behind you, point your toes and lift your legs, alternating a kicking motion)

Brooks Wheeler

www.bestselffitnesscolumbia.com

Shandon Neighborhood Council

Home Security and Safety SPOTLIGHT

Crime Prevention Tips from Columbia Police Department:

Preventing Car Break Ins

Laptops, smartphones, tablets, GPS units, money and spare keys – these are the valuables that thieves are looking to steal from your car. Here are a few ways to prevent them from doing that:

1. **Don't give them anything to steal.** When valuables are in plain sight, you're giving thieves incentive to break into your car. Even if it's inconvenient, take your valuables with you when you get out.
2. **Make use of the trunk.** If you leave something in the car, put it in the trunk. It's more secured than the armrest or glove compartment and it keeps valuables out of plain sight.
3. **Don't leave a crack in your window.** Rolling down the window just a smidge might help air out your car on hot days. But it's also an easy way for someone to force open the windows to unlock the car. Even an inch is enough for a thief to stick their fingers in, rock the window back and forth to get it off the track, push it down, and reach their arm in to unlock the door.

Preventing Vehicle Theft

An unlocked vehicle with a key in the ignition is an open invitation to any thief, regardless of which antitheft device you use.

The common sense approach to protection is the simplest and most cost effective way to thwart would-be thieves. You should always secure your vehicle, even if parking for brief periods, by:

1. **Removing the keys from the ignition**
2. **Locking the doors**
3. **Closing all windows**
4. **Parking in well-lit area**

Have a safe summer!

Creativity, Problem Solving, Taking Risk

By Cindy Hodge

We all know that most kids love art. What you may not know is that the creative process of art benefits a child in many ways. Simple creative activities encourage and reinforce fine motor skills, language development and improved academic performance, just to name a few.

Holding a paintbrush and using scissors improves dexterity for a preschooler. Talking about art created reiterates shapes and colors. Learning to discuss emotions elicited from varied artworks improves language development.

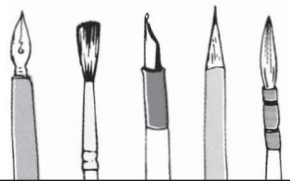
There is a correlation between regular art participation and improved academic performance. Math and science scores in particular seem to be positively impacted.

Self-esteem can be enhanced. In my art class, for example, at the end of a project, we have "kind critique." Children learn to accept praise and "kind" suggestions. This in turn builds self-esteem. Taking turns and sharing also reinforces social skills.

Experimentation, problem solving, taking risk … these are all part of art. The creative process requires time and patience, but there is much to be gained beyond the completed drawing or sculpture. Kids of all ages can and will blossom when exposed to the creative process of art!

Kidz Art

Cindy Hodge
Certified Art Teacher



Shandon Neighborhood Art Classes Ages 4-Teen

enrolling for Fall classes Now

cindyhodgeart@gmail.com
214-636-5833

JamesSmith
Duty. Service. Leadership

THANK YOU FOR YOUR SUPPORT

If I can ever be of assistance, please do not hesitate to contact me:

Post Office Box 50333 • Columbia, SC 29250
James@JamesSmith.com • 803-933-9800

Paid for by James Smith for the House

ATHENA LEVENTIS, CFP®
Senior Mortgage Loan Officer
Individual NMLS# 474220

Guild
MORTGAGE COMPANY
Company NMLS ID# 3274

1751 St Julian Pl, Columbia, SC 29204
Office 803.391.3549
Fax 803.391.3525
aleventis@guildmortgage.net
www.athenaleventis.com

Shandon Neighborhood Council
Dr. Ron Burns, Editor
2524 Heyward Street
Columbia, SC 29205

Upcoming Events & Meetings of the Shandon Neighborhood Council: Meetings are held the second Monday of every other month and begin at 6:15 pm. **July 11** at Emily Douglas Park • **August 2** - **National Night Out** at Sims Park • **September 12** at Sims Park • **November 14** at Emily Douglas Park • **November 19** - **Turkey Trot** • **December 4** - **Christmas Tour of Homes**

Rental Landlord Ordinance Passed

In an action which should help preserve Shandon property values, Columbia City Council voted on April 4 unanimously to advance Ordinance 2015-099, the so-called "Absentee Landlord Ordinance." This ordinance updates existing city code (1998 Code of Ordinances, Chapter 5, Buildings and Building Regulations, Article VIII, Absentee Landlord Regulation Program) to better address concerns about rental property safety and upkeep. The new language resulted from collaboration by Police Chief Skip Holbrook with City staff to remove significant impediments to enforcement in the older ordinance. The requirements for property upkeep and tenant conduct have not changed. This ordinance is anticipated to improve enforcement of rental regulations including number of "unrelated persons" staying in a residence. Shandon Neighborhood Council along with neighborhood groups throughout Columbia supported the ordinance.

The new ordinance affects owners of up to 4 rental units and requires them to obtain a rental permit annually for each unit. Currently owners with 5 or more units are already required to have a regular city business license. The new permit requires the name and contact information of a local owner representative who will be legally responsible for rental issues and must be within 45 miles of the City of Columbia. Due to a quirk in SC law, out of state rental owners had previously been effectively impervious to city code enforcement. The new ordinance also establishes a point system for code violations. If not corrected the violations may lead to loss of the rental permit. It is due to take effect in July 2016. Concerns for code violations can be reported to Columbia City Police, (803) 545-3430.

DOUGLAS F. COTTINGHAM | DMD

COTTINGHAM
FAMILY DENTISTRY
COTTINGHAMFAMILYDENTISTRY.COM • 803.776.4234
3722 DEVINE STREET • COLUMBIA, SC 29205

Terry Bishop Team
Realtors®

RE/MAX Advantage Group
Terry (803)665-1442
Becky (803)665-1580
Fax (803)256-5540
www.TerryBishopTeam.com
3006 Devine Street
Columbia, SC 29205
Each Office is Independently Owned and Operated

If you would like to purchase an ad in the *Shandon Times*, please contact Dr. Ron Burns, Editor, at shandonnews@gmail.com.